



MASSAGES

RM

TAARAS SIGNATURE MASSAGE

450

90 mins

Our signature massage takes you back to the traditional art of healing and renewal where a heated poultice of aromatic herbs and spices is applied on the meridian points of the body to soothe sore muscles, followed by an invigorating massage to ease joint pains.

STRESS RELIEF MASSAGE

330

60 mins

A relaxing massage enhanced with the use of pre-blended stress relief massage oil helps relieve stress and muscle tension and to revive one's energy level. Ideal for anyone seeking for relaxation and jet lag recovery.

AROMATHERAPY MASSAGE

330 / 420

60 / 90 mins

You have a choice of our aromatherapy blends for a calming and relaxing massage that involves long rhythmic strokes. This massage is suitable for everyone and will put the body and mind in a state of deep relaxation.

DEEP TISSUE MASSAGE

330 / 420

60 / 90 mins

An excellent choice of massage that promotes blood circulation and heals tension and pain. Through a combination of firm strokes and Shiatsu acupressure, this massage helps relieve stiffness and tension of body muscles.

HEAD, NECK & SHOULDER MASSAGE

180 / 300

30 / 60 mins

A perfect remedy for stress and helps to relieve headaches.

FOOT REFLEXOLOGY

180 / 300

30 / 60 mins

A relieving foot massage with pressure point focuses on the feet to stimulate energy pathways and promote healing effects on corresponding parts of the body.

Please call ext. 7302 for bookings and enquiries. Operation hours 10am - 6pm daily.





BODY SCRUBS

RM

GINGER SEA SALT SCRUB

330

50 mins

For a refreshing experience, try our ginger sea salt scrub for healthier, radiant-looking skin. Specially made from a mixture of marine-based ingredients and spiced with ginger, this scrub detoxifies and improves your blood circulation.

VANILLA COCONUT BODY SCRUB

330

50 mins

This gentle natural cleansing scrub is rich with nutrients of white glutinous rice and coconut that is perfect for sensitive or sunburnt skin.

LULUR BODY SCRUB

330

50 mins

A traditional skin polisher, Lulur is made of rice powder, turmeric, herbs and flowers. Gentle yet effective, this scrub will lighten the skin tone and leave your skin feeling soft and smooth.

BODY WRAPS

ALOE VERA & DEAD SEA MUD WRAP

330

50 mins

The soothing aloe vera combined with the minerals enriched Dead Sea mud is excellent for overexposed, dehydrated or irritated skin, and helps to relieve tensed muscles, tired and painful joints.

BOREH WRAP

330

50 mins

This traditional warming and energizing wrap made of local spices is a wonderful remedy for poor circulation, water retention and sore muscles. The Boreh and plain yogurt is applied over the body, which in turn detoxifies and helps induce perspiration, leaving you feeling renewed and rejuvenated.

